

## Pain Diagram and Pain Rating

Name: \_\_\_\_\_

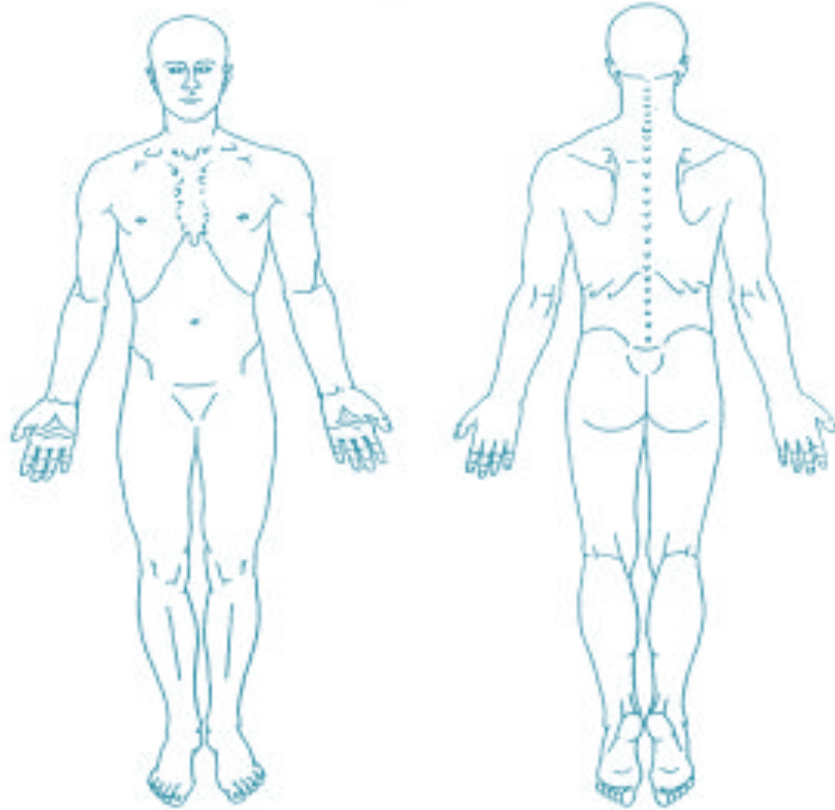
Date \_\_\_/ \_\_\_/ \_\_\_/

Please use the diagram below to indicate the symptoms you have experienced today.  
Use the key to indicate the type of symptoms.

Key: Pins and Needles=00000  
Burning=xxxxx

Stabbing= / / / / / Numbness=NNN  
Deep Ache=zzzzzzz

RIGHT



### Visual Analog Scale

Circle the face corresponding to the amount of pain you feel **TODAY**.

These faces show how much pain you are experiencing. The face on the far left indicates no pain. The faces show increasingly more pain up to the one on the far right which is the worst pain. '0'='no pain', and '10'='worst pain'.

