

Greetings,

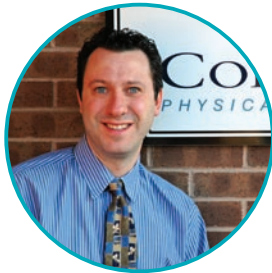
I have always believed that family is important. I also believe that you should treat everyone as family.

At **Coppola Physical Therapy** clients will always feel this as we have the highest quality and specially trained physical therapists in the region who truly invest in the care they give. As part of our family, clients receive all one on one attention from their therapist with a focus on one aspiration, ***"You Deserve To Feel Your Best!"***

Our goal is to be YOUR physical therapist just as you have your dentist or your primary care physician.

We are making extraordinary changes in people's lives every day. Please don't let yourself or others settle for any less. We stay open early mornings to late evenings so we can be available to our clients. I hope you will come and be a part of our growing family.

Steve Coppola PT, DPT
Doctor of
Physical Therapy



We Accept:

Aetna
Anthem Blue Cross / Blue Shield
Cigna
Harvard
Medicare / Medicaid
MVP
TriCare
All Workers Compensation Insurances
Auto Insurances
Most Other Group Health Payers

*Affordable self pay options
are also available.*



CONCORD

171 Pleasant Street
Concord, NH 03301
(603) 228-7500

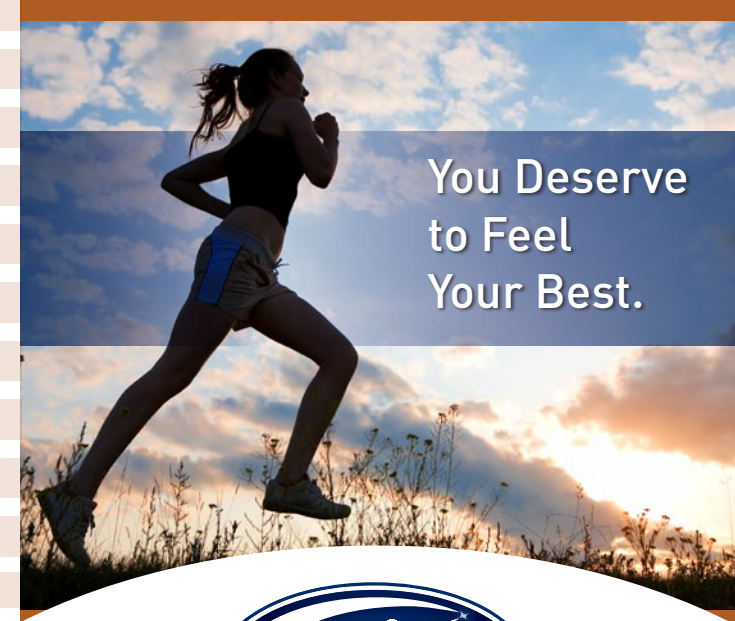
CANDIA

143 Raymond Rd., Unit 8
Candia, NH 03034
(603) 483-3355

TILTON

614 Laconia Rd., Unit 2
Tilton, NH 03276
(603) 717-7010

www.coppolapt.com



You Deserve
to Feel
Your Best.



COPPOLA
PHYSICAL THERAPY

Coppola Physical Therapy emphasizes manual therapy, mobilization/manipulation techniques, and individualized strengthening programs on a one to one ratio to ensure proper progress towards an individuals goals using state of the art equipment.

We offer many effective treatments, including Intramuscular Manual Therapy (Trigger Point Dry Needling) and our Concord location is equipped with the Advanced Spinal Mobilizer instrument.

www.coppolapt.com

Our Services

- Physical Therapy
- Manual Therapy
- Spinal Manipulation and Mobilization
- Modality Treatments
- Prevention Programs
- Ergonomic Work Checks
- Functional Spinal Conditioning Program
- Intramuscular Manual Therapy (Trigger Point Dry Needling)
- Advanced Spinal Mobilizer*

**Only Available at Concord Location*

Special Programs

- Functional Capacity Exams
- Onsite, Work Hardening
- Back School
- Peer Chart Reviews
- McGill Back Functional Restoration Program

Medical Specialties

- Diabetes
- Chronic Pain
- Pre and Post Surgical
- Deconditioning
- Osteoporosis
- TMJ
- Sports Injuries
- Headaches
- Neck Pain
- Chronic Back Pain
- Acute Back Pain
- Fibromyalgia
- Multiple Sclerosis
- Geriatric Programs
- Work Injuries
- Exercise Programs

Workshops - Health & Safety

We provide workshops at your location or at our facilities in Concord or Candia.

Workshop Topics

- Back Safety & Safe Lifting
- The Aging Population in the Workplace
- Biomarkers 10 Keys to Prolonged Vitality
- Back to Basics
- Chronic Lower Back Pain & Physical Therapy Treatment Options
- The Difficult Workers' Compensation Claim
- Ohhhhh My Aging Back!
- The Secret in the Sauce
- Why Chronic Back Pain Keeps Coming Back
- Case Management of Physical Therapy
- Functional Capacity Evaluations
- Workers Compensation Statistics

We can develop a presentation program specifically for you.

Businesses we have provided workshops for:

Insurance Companies

Liberty Mutual
Peerless
Acadia Insurance
Comp Sigma One
Memic

Other Companies

NH Safety Council
NH DOT
Sabbow
Burton Wire and Cable
NHADA
Pike Industries
Freudenberg NOK
Tandem Injury Management
NH Motor Transport
NH Liquor Council
NH Distributors

Many more conferences throughout the east coast.

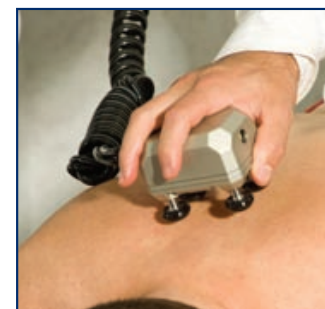
The Advanced Spinal Mobilizer

Available at our Concord location only

One of the most effective means to restore flexibility and mobility to the spine is the technique of Spinal Mobilization. The strength, consistency and repetition required to effectively treat patients is beyond the abilities of most practitioners and so the Advanced Spinal Mobilization Instrument was developed. Cleared by the United States Food and Drug Administration (FDA) in 2005, the ASMI

is indicated for use and designed as an extension of the practitioner's own hands, combining precise and infinitely variable control.

**1 of Only 3
in the Country**



Developed in the United Kingdom there are currently only three clinics in the United States that have this

unique hand held device. The patented handset incorporates four moving pads powered by variably controllable electro-pneumatics. Each treatment is delivered in three modes, an introductory or "spasm" mode, a para-spinal muscle "reflex" stimulation mode and the "mobilization" mode. Each mode is used to varying degrees depending on the patient's condition as determined by the practitioner. The ASMI is used to gently rock neighboring vertebrae back and forth. The condition of the joint determines the response to the applied effort. Initially the joint may be fixed or move imperceptibly. With time and successive treatments, flexibility, mobility and function is restored to the back and spine.